

Sayreville Middle School Nurses Office

Medication Note for Students Playing Sports

State law requires that any medication taken in school and/or when child is playing a sport for our school must be ordered by a physician and have a consent signed by a parent. This includes over the counter medications.

In addition any student using an inhaler must have an asthma action plan completed by the physician and signed by the parent. The child may carry the inhaler and self administer if approved and checked on the form by parent and physician.

If your child requires a medication during sports they will not be cleared and will be returned unless an appropriate medication form accompanies the physical forms.

Blank Asthma forms, Epi-pen forms and medication forms are available in nurses' office and must be renewed yearly.

Please call the School Nurses' office with any questions @ 732-525-5294