

SMS Field Hockey



SAYREVILLE MIDDLE SCHOOL GIRLS FIELD HOCKEY 2010 SEASON

Hello Ladies, welcome to the 2010 SMS field hockey season. I am very excited to start another season full of fun, hard work, and learning. The information below should answer many of your questions about the upcoming season, if you should have any further questions please feel free to e-mail me at brianne.kissel@sayrevillek12.net or check us out on the district website.

Tryouts will be Tuesday September 7, 2010 and Wednesday September 8, 2010 from immediately after school until 4:30pm for all players. Players will need to be picked up in front of the Middle School at 4:30pm. All athletes trying out for the team will report to the girl's locker room after 9th period on both days. The girls should bring plenty of water with them and be ready to work in appropriate athletic attire. Field hockey equipment will be provided during tryouts. You are welcome to bring your own equipment. In order for each athlete to participate in the 2010 Field Hockey Season all physicals/papers MUST be filled out, returned, and cleared by the school physician.

The following steps need to be taken in order to try out for the 2010 field hockey team.

- ~ Get a pink physical packet
- ~ Have your Guardian fill out part A of the physical packet. This should be completed right before you meet with your doctor.
- ~ Make sure that the **Parent/Guardian signed papers (Part A) are dated within 60 days of the first practice** no earlier than **July 12, 2010**.
- ~ Have your doctor sign part A of your physical packet
- ~ Have your doctor fill out all of part B of the physical packet. Please make sure the doctor fills out every section in part B of the physical packet. If any information is not completed or your athlete is not cleared the paperwork will be sent back to you.
- ~ Drop the completed/physician signed physical packet off at the high school main office or the middle school nurse's office by August 2, 2010.
- ~ If your athlete is cleared to play, you will receive a doctor's clearance letter in the mail. Please keep that letter for confirmation of your clearance.
- ~ Extra forms can be found in the high school or middle school main office.

I am looking forward to the up coming season. Thank you in advance for your time and cooperation. Have a great summer and see you in September.

Sincerely,

Mrs. Beloncik



